

## TOOL 1: THE IMMORTALITY TOOL

*Experience your deeper self—your soul—  
as a living force within.*

<b>Summary:</b>	Acknowledges that the soul is your Eternal Self, surviving physical death and there is a spiritual domain of existence, both internal and external, where your soul resides.
<b>Purpose:</b>	To recognize that the soul—the same wise and eternal part of you that survives physical death—is within you now, and you can use it to lead better lives while here on earth.
<b>Keys:</b>	<ol style="list-style-type: none"> <li>1. Your soul sends signals to guide you through life’s challenges &amp; difficulties.</li> <li>2. Conscious inquiry &amp; free will attention connects you to your greater “self.”</li> <li>3. Long to deepen a connection to your soul; Ask “Who am I,” “Why am I here?”</li> <li>4. Consciously link your personality to your soul to nourish your being.</li> <li>5. Prayer, meditation, intuitive hunches, after-death presence, sunrises do this.</li> <li>6. “Yes, I am connected to something greater than this material world.”</li> <li>7. When crossing over you exist in the higher form you are tapping into now.</li> <li>8. Our purpose here is to use life’s challenges to gain self-mastery.</li> <li>9. Expanding your vision motivates to live at a higher level than mere personality.</li> <li>10. Delve into this invaluable resource within you to find greater wisdom.</li> </ol>
<b>Analogy:</b>	Life is like a merry-go-round and the many aspects of your personality are the horses of many different colors going up and down, around and around. Up on a platform there is a conductor facilitating your ride and assisting you on your journey only you don’t always know that he is there.